Bulk + herbs and spices

The bulk section is an aisle or section of the grocery store where shoppers can buy certain foods by the weight rather than by individual packages. Bulk sections vary store to store but most likely you will find an assortment of nuts, seeds, flours, and grains. Sometimes there will even be bulk pasta, legumes, and snacks like raisins.
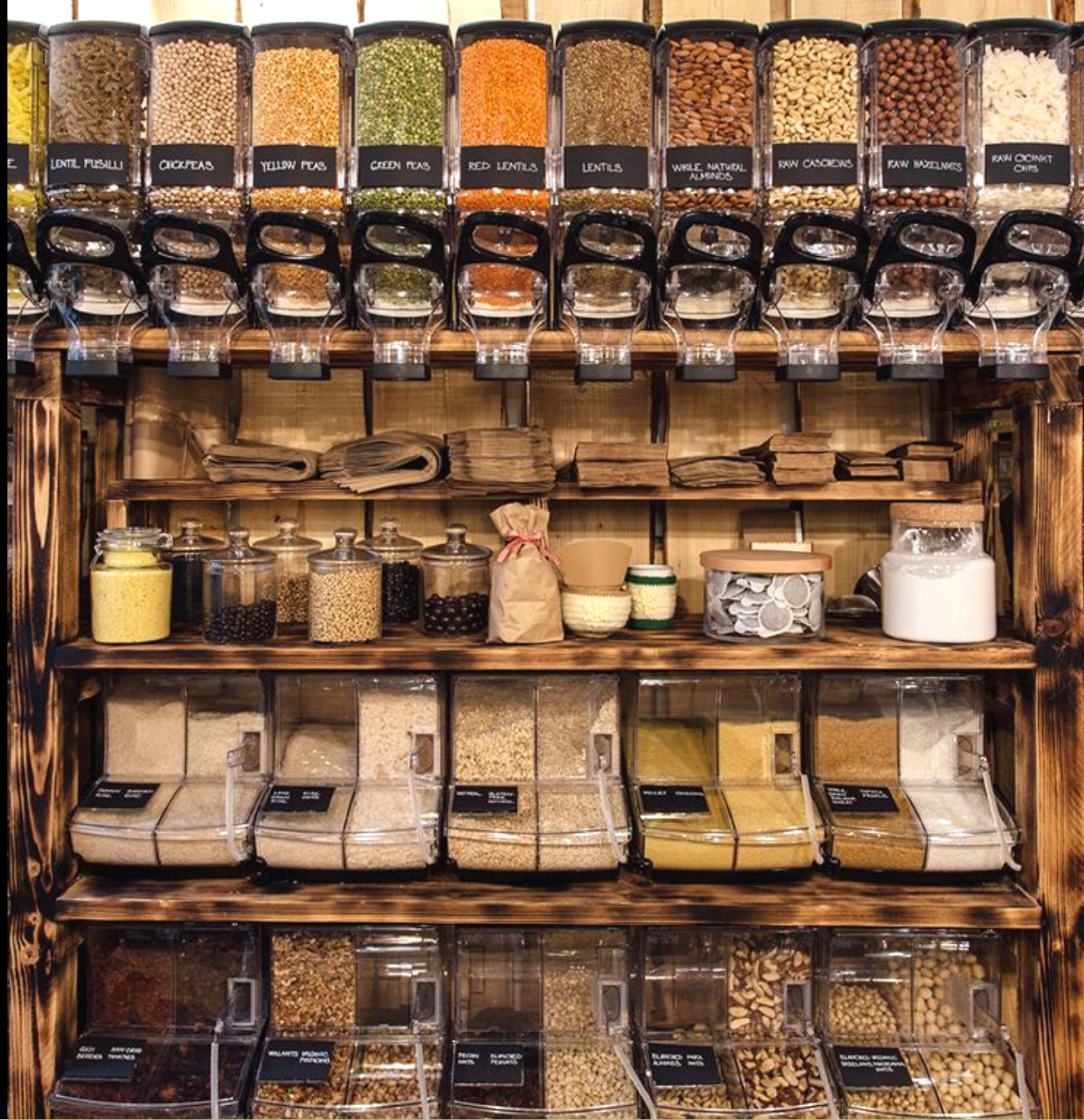

Photo by iStock

1

Create a table in your notebook and sort the words below into the correct column: legumes / nuts / seeds / grains.

green beans, peanuts, hazelnuts, rice, almonds, cashews, lentils, poppy, chickpeas, beans, almonds, Brazil nuts, sesame, oats, pistachios, chia, walnut, sunflower, chestnut, wheat, flax

2

Find the words from exercise 1 in the puzzle. Words can go in any direction. Words can share letters as they cross over each other.

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H T S C S Z S E R A O S H W S
A U S W H N C B M O N U Q A T
Z N L B E I P T E A Y H K L A
E T I V E H A A E A S J X N O
L S T B J E S B D K N E L U A
N E N E H J N A I B Z S S T L
U H E W Y E E R C W E P R U M
T C L K E S D N O M L A Z A O
S H C R R I C F L A X N N A N
G B G I Y C H I C K P E A S D
D W C P S T U N L I Z A R B S
F E P D G O P E A N U T S B P
P O P I S T A C H I O S S V R
P R E W O L F N U S J Y K F H
B L Z X W U L D C C J S M H U
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3

Brainstorm as many words as you can which belong to the group HERBS and SPICES.

4

Watch a video, listen to and repeat the words to practise HERBS and SPICES vocabulary pronunciation.

https://bit.ly/3D6XMap

source: Oysterenglish.com (January 5, 2022)

5

Open the flashcards on Quizlet and play MATCH or LEARN (scan the QR code or type in the URL).

https://bit.ly/37ZAO9C

6

Work in pairs and prepare dialogues. Choose two of the situations below. Take turns to take the role of a customer or a shop assistant. Use the vocabulary on this page and the dialogues on page 2 to help you.

a customer wants to buy
- ingredients to bake Christmas cookies
- ingredients for a vegetable soup
- healthy snacks
- ingredients to bake multigrain bread with seeds